



BONE DENSITY MEASUREMENT (DEXA-SCAN)

BENEFIT

Bone density testing is indicated in all women aged 65 years and over and all men aged 75 years and over.

RISK ASSESSMENT FOR FRAGILITY FRACTURE IN OSTEOPOROSIS FOR MEMBERS NOT FITTING THE BENEFIT CATEGORY

ASSESSMENT QUESTIONNAIRE	YES	NO
Previous fragility fracture		
Current use or frequent recent use of oral or systemic glucocorticoids		
History of falls		
Family history of hip fracture		
Low body mass index (BMI) (less than 18.5 kg/m ²)		
Smoking		
Alcohol intake of more than 14 units per week for men and women		
Menopause and no treatment		
Cancer and chemotherapy		
Renal disease /failure		

Do not routinely assess fracture risk in people aged under 50 years unless they have major risk factors (for example, current or frequent recent use of oral or systemic glucocorticoids, untreated premature menopause, or previous fragility fracture), because they are unlikely to be at high risk.

FUNDING

- Requires letter of motivation from treating doctor and
- Criteria in paragraphs 2 and 3 met
- Funding from Life stages Benefit