

DO THE 5 & STOP

COVID-19!



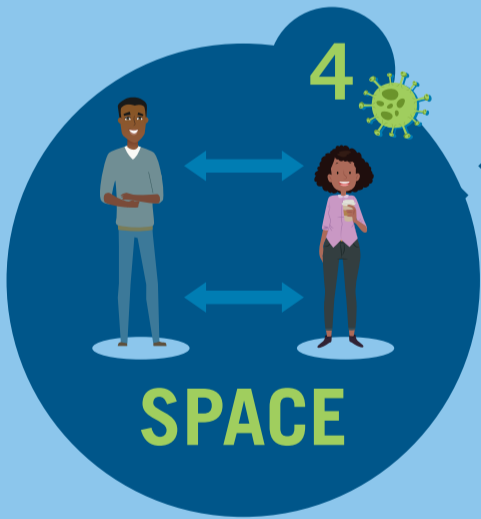
COUGH INTO IT



DON'T TOUCH IT



WASH THEM OFTEN



KEEP SAFE DISTANCE



STAY HOME IF YOU CAN

BE VIGILANT, SAFE AND HYGIENIC AT ALL TIMES!

EMERGENCY
0860 25 5426

CALL CENTRE
0860 00 2101



ALLIANCE-MIDMED MEDICAL SCHEME