

RISK ASSESSMENT FOR FRAGILITY FRACTURES

For members who do not automatically qualify under the age-based criteria, a clinical risk assessment may be used to determine eligibility.

ASSESSMENT QUESTIONNAIRE	YES	NO
Previous fragility fracture	☐	☐
Current use or frequent recent use of oral or systemic glucocorticoids	☐	☐
History of falls	☐	☐
Family history of hip fracture	☐	☐
Low body mass index (BMI) (less than 18.5 kg/m ²)	☐	☐
Smoking	☐	☐
Alcohol intake exceeding 14 units per week for men and women	☐	☐
Early menopause without hormone replacement treatment (HRT)	☐	☐
History of cancer and/or chemotherapy	☐	☐
Renal disease or renal failure	☐	☐